



花蓮太平洋
 半程
浪花
 馬拉松
 2026/3/21

秩序冊



【指導單位：花蓮縣政府、東海岸國家風景區管理處 | 主辦單位：花蓮縣體育會 | 合辦單位：中華民國台灣運動旅遊發展協會】





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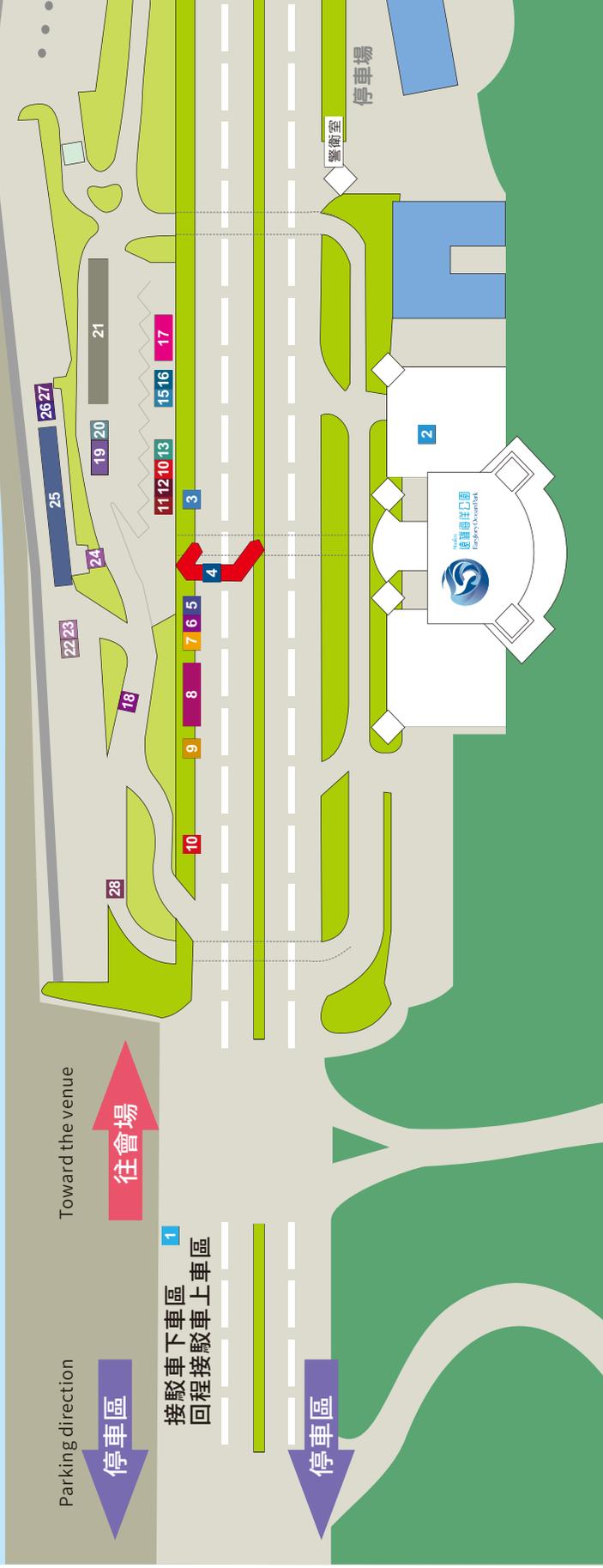
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- 1** 接駁區 Shuttle Bus area
- 2** 貴賓停車區 VIP parking area
- 3** 鳴槍台 starting stage
- 4** 起終點拱門 Start and finish line
- 5** 計時區 Timing zone
- 6** 競賽組 Competition organization
- 7** 裁判組 Referee organization

- 8** 選手服務區 Athlete service
- 9** 醫護站 Medical station
- 10** 大會諮詢服務區 Consultation service
- 11** 健妮壓力襪 Jiani Sport
- 12** 晶片兌換區 Chip exchange
- 13** 大會服務台(完賽禮發放) Consultation service(Finish gift distribution)

- 15** 獎典區 Rewarding counter
- 16** 貴賓/媒體休息區 VIP/Media rest area
- 17** 舞台 Stage
- 18** 運動噴劑站 spray station
- 19** 餐飲兌換區 Food voucher apporportion
- 20** 水站 Drinking water station
- 21** 浪花市集 Market
- 22** 成績異常處理區 Abnormal Result resolved
- 23** 獎牌雷雕 Medal engraving
- 24** 成績公告區 Result board
- 25** 寄物區 Luggage storage area
- 26** 更衣區(女) Changing area (female)
- 27** 更衣區(男) Changing area (male)
- 28** 流動廁所 Porta-potty area





大會組織

花蓮縣長：徐榛蔚

大會會長：汪錦德

大會委員：徐瑞陽 趙鳳山 羅建輝 謝立德
曾瑋亮 王贊賓 鄧東 蔡昇宏
盧順義 張培祥 王幸麗 葉陳錦
許宗盛 楊春談 藍健銘 王燕櫻
林郁馨

賽事總監 —— 張志強

執行長 —— 陳志豪

副執行長 —— 曾煥堯
徐鳴

行政組長 —— 方智明

競賽組長 —— 曾志堅

裁判組長 —— 謝潘癸良

晶片組長 —— 蔡慶昇

選手掛牌組長 —— 卓賢道

賽道供水組長 —— 紀忠呈

場地清潔組長 —— 林永基

餐飲服務組長 —— 郭庭宜

接駁引導組長 —— 朱長齡

機動組長 —— 劉又菁

場地工程組長 —— 江政如

新聞組長 —— 柯維棟

衣物保管組長 —— 曾煥堯

交通安全組長 —— 張維華

物資組長 —— 鄭嘉毅

獎品組長 —— 李忠郁

典禮組長 —— 黃郁鈞

運輸組長 —— 趙鳳山

醫護組長 —— 朱柏寰

會計組長 —— 黃寶珠

諮詢服務組長 —— 張源松

緊急應變中心

- 召集人：花蓮縣體育會／汪錦德
- 副召集人：交通隊／林榮昌、花蓮縣體育會／張志強
- 組員：交通安全組／張維華
醫護組／朱柏寰
緊急應變組／陳志豪
競賽組／曾志堅
裁判組／謝潘癸良

活動流程

時間	項目	地點
05 : 00	參賽者衣物寄放	大會會場
06 : 10	暖身熱操	主舞台
06 : 15	長官及來賓致詞	起跑點舞台
06 : 20	半程馬拉松21KM組鳴槍起跑	起跑點舞台
06 : 25	逍遙12K組鳴槍起跑	起跑點舞台
06 : 30	快樂6K組鳴槍起跑	起跑點舞台
08 : 30	逍遙12K組、快樂6K組頒獎	主舞台
09 : 00	半程馬拉松21KM組頒獎	主舞台
09 : 10	表演節目	主舞台
09 : 45	半程馬拉松21KM 終點關門	
10 : 30	活動結束	

競賽規則

一、計畫目的：

清晨的第一道浪像教練一樣，悄悄把訓練加重。花蓮這幾年，也被自然「加課」：有時是山搖海鳴的震動課，提醒我們站穩步伐；有時是連續颱風的耐力課，考驗我們的節奏與呼吸；有時是豪雨帶來的堰塞湖與積水課，教會我們繞道與等候。一次次的練習，讓我們更篤定——我們選擇專注向前，用行動把希望跑出來。

邀請每一位跑者，把腳步化作鼓勵，把能量留在花蓮，讓山與海重新成為大家嚮往自由、熱愛戶外的日常。

核心宣言

追浪而上，向光而跑。(Run for Ocean, Run for Hope.)

用路跑連結城市、用旅行擁抱山海，讓花蓮成為運動與觀光交會的熱區。

我們要達成的五件事

●運動 × 觀光雙引擎

把賽事做成旅行：跑前熱身步道、跑後海味小店與黃昏散步，鼓勵「多停留一晚」，讓回憶更完整、地方更有感。

●國際友善，再向前一步

多語資訊、服務台與接駁指引，讓第一次來到花蓮的朋友也能安心抵達、盡情奔跑，讓世界更靠近花蓮。

●永續實作，效率與衛生優先

全面電子化（手冊／成績／證書）；補給站推動聰明用杯——一半杯優先、明確回收分流、快取快丟，減少浪費不減速度。

●社區共好，彼此成就

與學校志工、社福團體、在地攤商並肩合作；每一次加油、每一口在地好味，都是對家鄉最直接的支持。



●自由戶外的花蓮品牌

讓跑步成為看山的方式、讓呼吸成為看海的角度——把「自由」做成日常，打造一年一度「一定要回來」的花蓮。

結語

浪花教我們向前、日光教我們向上。當日光越過浪梢、號角再次響起，我們選擇用汗水回應考驗、用笑容迎接彼此。2026，請和我們一起——把希望跑進花蓮，把花蓮跑進你的心。

二、指導單位：花蓮縣政府、東海岸國家風景區管理處

三、主辦單位：花蓮縣體育會 合辦單位：中華民國台灣運動旅遊發展協會

四、協辦單位：遠雄海洋公園、遠雄悅來大飯店、農業部林業及自然保育署花蓮分署、國立東華大學、花蓮縣政府觀光處/教育處/行政暨研考處/農業處、花蓮縣警察局/衛生局/消防局/環境保護局、花蓮縣觀光大使志工服務隊、交通部公路總局第四區養護工程處花蓮工務段、吉安鄉公所、壽豐鄉公所、台灣自來水股份有限公司第九區管理處、中華電信股份有限公司臺灣區北電信分公司花蓮營業處/行動通信分公司臺北營運處、華聯遊覽客運公司、花蓮縣觀光協會/記者協會、花蓮縣家庭教育中心、Kadda Hotel 璽賓行旅海景飯店、希臘仙境民宿。

五、贊助單位：



六、比賽項目：

比賽項目	黃金浪花 半程馬拉松 21K組	逍遙浪花 12K組	快樂浪花 6K組
比賽限時	3小時30分	2小時30分	1小時30分
限額	2000人	1500人	1500人
集合時間	06:10	06:15	06:20
起跑時間	06:20	06:25	06:30
集合地點	海洋公園前(台11路標:9.5K)		

(一)比賽分組：

1. 黃金浪花半程馬拉松組，依出生年男子分7組，女子分6組。另設視障組。
2. 逍遙浪花12K組、快樂浪花6K組分組：男子組、女子組。
3. 黃金浪花半馬組未滿14歲，逍遙浪花12K組未滿8歲禁止報名參加，未滿18歲選手需檢附家長同意書始可報名。報名時請填寫正確出生年月日以利分組，如報名時不實填寫個人資料因而造成比賽成績之錯誤，大會有權取消報名者參賽資格並不予退費。
4. 視障組選手需附上視障證明且有陪跑人員方可報名參加，陪跑人員不另計算成績。(陪跑人員限1人不須繳報名費，亦不發給紀念品)。
5. 快樂浪花6K組不限齡，12歲以下兒童請由家長或師長陪同參加。

黃金浪花半程馬拉松21K組					
組別	年齡	年次	組別	年齡	年次
男A組	70歲以上	民國45年以前	女A組	70歲以上	民國45年以前
男B組	60-69歲	民國46-55年次	女B組	60-69歲	民國46-55年次
男C組	50-59歲	民國56-65年次	女C組	50-59歲	民國56-65年次
男D組	40-49歲	民國66-75年次	女D組	40-49歲	民國66-75年次
男E組	30-39歲	民國76-85年次	女E組	30-39歲	民國76-85年次
男F組	20-29歲	民國86-95年次	女F組	20-29歲	民國86-95年次
男G組	14-19歲	民國96-101年次	女G組	14-19歲	民國96-101年次

逍遙浪花馬12K組	
男子組	女子組

快樂浪花馬6K組	
男子組	女子組

七、活動路線：

(一)黃金浪花半程馬拉松21K路線：

海洋公園起點 > 台11線北上車道往南 > 和南寺 > 12號橋 > 跳浪隧道前折返 > 台11線北上車道往北 > 轉進秘境鹽寮漁港 > 1公里踏浪跑沙灘路段 > 21K踏浪折返點 > 台11線北上車道往北 > 終點海洋公園。



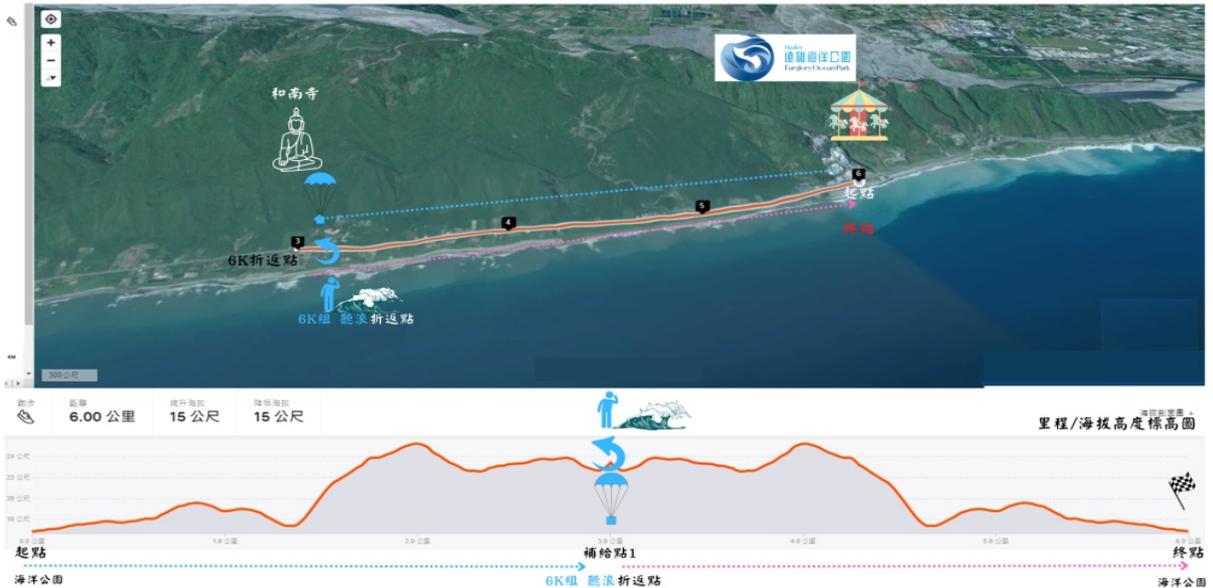
(二)逍遙浪花12K組路線：

海洋公園起點 > 台11線北上車道往南 > 鹽寮和南寺 > 鹽寮派出所 > 12K觀浪折返點(台11線景觀台) > 台11線北上車道往北伴太平洋原路折返 > 終點海洋公園。



(三) 快樂浪花6K組路線：

海洋公園起點 > 台11線北上車道往南 > 鹽寮和南寺 > 6K聽浪折返點 > 台11線往北伴太平洋原路折返 > 終點海洋公園。



八、競賽規則：

(一) 違反下列規定之一者，取消比賽成績。

1. 無本次活動號碼布、比賽專用計時晶片。不依規定將晶片繫於鞋子上。
2. 晶片計時無紀錄起跑時間，終點時間，任一檢測站時間及折返點信物之選手。
3. 不遵從裁判引導者、未將號碼布別在胸前。
4. 參賽跑者嚴禁於比賽行進路線中騎乘腳踏車、滑行直排輪、滑板及滑板車、。
5. 請勿攜帶寵物(貓狗)、推行娃娃車進入賽道等影響其他跑者之情形。若經其他跑者檢舉影響比賽成績者，將不予計算路跑成績。
6. 本次活動使用晶片計時，無任一檢查站時間之選手將被取消資格，不予計時，不發給成績證明。

(二) 違反下列規定者，取消比賽成績，並禁止參加本會舉辦之活動一年或數年。

1. 比賽進行中選手借助他人之幫助而獲利者(如乘車、扶持…等)。
2. 報名組別與身分證明資格不符者，經事後舉發並查證屬實者。
3. 違反運動精神和道德者(如打架、辱罵裁判及大會工作人員…等)。
4. 嚴禁未報名者取代報名者參加比賽，亦禁止佩帶2個或2個以上晶片，違反規定者，一經查明屬實，由裁判宣布取消比賽資格，不予計時，另禁賽1年及網路上公布代跑者與被代跑者姓名。
5. 如有代跑或轉讓者，發生任何意外，應自負連帶保險理賠及法律責任。

(三) 申訴事項

1. 比賽爭議：比賽中各選手不得當場質詢裁判，若與田徑規則有同等意義之註明者，均以裁判為準，不得提出申訴。
2. 申訴程序：有關比賽所發生的問題，須於各組成績公布十分鐘內，向大會提出，同時繳保證金新台幣參仟元整，由競賽組簽收執聯；所有申訴以審判委員會之判決為終決，若判決認為無理得沒收其保證金，作為大會賽事基金。

(四) 成績計算：

1. 「2026花蓮太平洋浪花半程馬拉松」將提供參加黃金浪花半馬21K及逍遙浪花12K組、快樂浪花6K組選手晶片計時服務。每一位報名參加並完成領取參賽物資手續之參賽者，應領取號碼布、紀念品及計時晶片各一份。晶片保證金將於比賽會場選手交還晶片時發還。晶片使用之操作方式請選手參照報名網右上角「計時晶片綁法」頁籤說明，或是請現場服務人員的協助操作。比賽公布成績一律以大會公布成績為基準。
2. 依據國際田徑規則165.24條規定，選手起跑時間為鳴槍時間。大會將依據鳴槍時間開始計算時間記錄，並依據此時間記錄做為選手名次成績統計之判定。
3. 禁止互換晶片、禁止佩帶他人晶片、禁止1人佩帶2個以上晶片，違者將被取消資格，成績不予計算。
4. 晶片為計時之依據，請確實通過各感應點並確認，沒有按照大會規定使用晶片導致無成績者，大會一概不負責。
5. 請選手衡量自身實力，切勿爭先恐後，發揮運動家精神，禮讓實力較佳選手優先出發。
6. 請選手準時出發，超過起跑時間15分鐘後出發者，大會有權禁止其出發及不予計算成績。

九、獎勵辦法：

(一) 個人半程馬拉松(21.0975公里)成績獎勵：

頒發獎金按男、女總名次成績給獎，各組總名次錄取者，不再列入分組名次計算。

- (1) 男、女總成績第一名獎金新台幣 20,000元
- (2) 男、女總成績第二名獎金新台幣 12,000元
- (3) 男、女總成績第三名獎金新台幣 8,000元
- (4) 男、女總成績第四名獎金新台幣 6,000元
- (5) 男、女總成績第五名獎金新台幣 3,000元

1. 黃金浪花半程馬拉松(21K)各分組錄取名次:半程馬拉松總成績錄取者，將不再列入分組成績計算名次，每組按報名人數1-50人錄取2名，51-100人錄取3名，101-200人錄取5名，201人以上錄取8名，301人以上錄取10名，頒發獎盃及獎狀各乙份。

2. 逍遙浪花路跑組(12K)男生、女生組依成績各錄取前10名頒發獎盃及獎品各乙份。
3. 快樂浪花路跑組(6K)男生、女生組依成績各錄取前10名頒發獎盃及獎品各乙份。
4. 視障組錄取前3名(不分男、女)，頒發獎盃及獎品各乙份。
5. 代領者，請於舞台獎典區領取獎狀及獎品。領取時必須出示得獎人號碼布或身分證方得代領。
6. 各組得獎者限比賽當日活動結束上午11:00前領取，逾時視同棄權。
7. 為鼓勵於規定時間內完成半程馬拉松、逍遙組路跑及快樂組路跑之選手，將發給紀念獎牌。非於規定時間內完成比賽之選手請勿領取。
8. 活動響應推廣零剩食邀集在地市集共同參與提供賽後補給多樣性，並考量各組賽後耗能補給之需求情形，21K組選手賽後提供能快速補給能量的便當。10K組及5K組選手比賽當天可憑隨物資寄發的浪花市集消費券(100元面額)在浪花市集中兌換任何餐食。
9. 特殊紀念獎項：初半馬獎（第一次參與半程馬拉松且完成者，初半馬獎選手於報名時應註明並同時繳交新台幣900元製作紀念品，完成賽事憑號碼布到會場獎典組領取。），初半馬獎盃鐫刻選手大名於獎盃上，以作為永久紀念。因獎盃具有專屬性，繳費完成後，恕不予退費。

十、報到方式

- (一)本賽事國內選手不分本島、離島一律採郵寄報到。
 1. 請務必填寫有人簽收、正確的郵寄地址(禁止郵政信箱作為收件地址)，以免包裹無法寄達；請在報名同時繳交郵寄代理報到費用。本會將於2/20陸續寄出，會於比賽前一週將所有物資包裹寄達，並於報名網站提供物資寄送進度查詢系統供選手、追蹤寄送進度。
 2. 如因郵寄地址不全或無人簽收而造成包裹無法送達而導致無法參賽者，本會將不再另行補寄，請於2026年3月20日13:00-21:00至花蓮火車站前之花蓮轉運站旅遊服務中心物資領取處領取，逾期未領取者視同放棄參賽。因自身原因致未參賽，物資請於賽後2026/3/23-3/27(一周內)上班時間(08:00-12:00;13:30-17:30)至花蓮縣體育會(花蓮縣花蓮市達固湖灣大路1號)領取，逾期視同放棄。
- (二)國外選手，均採活動前1日(03/20)於花蓮火車站前之花蓮轉運站旅遊服務中心辦理報到領取物資，每人費用110元。
- (三)報到完成後，晶片、號碼布請妥善保管，遺失恕不再補發。未完成物資領取者，將自動喪失比賽資格，不得進入比賽路線，裁判有權終止無號碼布選手進行比賽。
- (四)收到宅配領取包裹代表完成參賽物資領取手續，請於活動當天2026/3/21逕自前往活動會場集合即可。

十一、公共意外險：

- (一)報名表內各欄請務必詳實填寫，如有錯漏導致喪失保險效力，應自行負責。
- (二)本次活動提供每人新台幣參佰萬元之公共意外險。（所有細節依投保公司之保險契約為準）公共意外險承保範圍：被保險人因在保險期間內發生下列意外事故所致第三人體傷、死亡或第三人財物損害，依法應負賠償責任，而受賠償請求時，本公司對被保險人負賠償之責：(1)被保險人或工作人員；本次比賽保險單載明之比賽場地及活動期間內發生之意外事故。(2)被保險人在競賽路線之建築物、通道、機器或其他工作物所發生之意外事故。
- (三)特別不保事項：(1)個人疾病導致運動傷害。(2)因個人體質或因自身心血管所致之症狀，例如休克、心臟症、糖尿病、熱衰竭、中暑、高山症、癲癇、脫水等。對於因本身疾患所引起之病症將不在保險範圍內，而公共意外險只承擔因外來意外所受之傷害理賠。(3)選手如遇與跟第二項所述之疾病之病史，建議選手慎重考慮自身安全，自行加保個人人身意外保險。
- (四)如您曾發生過以下病況及有以下疾病狀況，屬猝死高危險群，請諮詢醫師專業的判斷及請勿勉強參加：

- ◎不明原因的胸部不適(胸悶、胸痛)
- ◎不明原因的呼吸困難
- ◎不明原因頭暈
- ◎突然失去知覺
- ◎高血壓(>140/90mmHg)
- ◎心臟病
- ◎腎功能異常
- ◎糖尿病
- ◎高血脂(總膽固>240mg/Dl)
- ◎家族心臟病史(一等親在60歲前發生心臟病或猝死)
- ◎癲癇

十二、個資法與肖像權使用說明

2026花蓮太平洋浪花半程馬拉松主辦單位依據個人資料保護法第八條第一項規定，謹向您告知下列事項，敬請詳閱：

- (一)蒐集之目的：為辦理2025花蓮太平洋浪花半程馬拉松活動及辦理相關保險作業之用。
- (二)蒐集之個人資料類別：姓名、身分證字號、聯絡電話、戶籍地址、身分證、電子信箱、肖像、影音等資料。
- (三)個人資料利用之期間、地區、對象及方式：
 - 1.期間：依個人資料蒐集之特定目的存續期間或依相關法令規定或契約約定之保存年限或本單位因執行業務所必須之保存期間。
 - 2.地區：本活動宣傳地區。
 - 3.對象：本活動授權之相關主承、協力單位、本會通匯銀行、本會業務委外機構、未受中央目的事業主管機關限制之國際傳輸個人資料之接收者、依法有調查權機關或金融監理機關、主辦單位共同行銷或合作對象。

4.方式：以自動化機器或其他非自動化之利用方式。

(四)依據個人資料保護法第三條規定，您就本公司保有台端之個人資料得行使下列權利：

- 1.得向本會查詢、請求閱覽或請求製給複製本，惟本公司依法得酌收必要之成本費用。
- 2.得向主辦單位請求補充或更正，惟依法台端應為適當之釋明。
- 3.得向主辦單位請求停止蒐集、處理或利用及請求刪除，惟依法主辦單位因執行業務所必須者，得不依台端請求之。

(五)您不提供個人資料所致權益之影響：您得自由選擇是否提供相關個人資料，惟您若拒絕提供相關個人資料，本主辦單位將無法進行必要之審核及處理作業，致無法完成報名、成績、受獎、新聞媒體等相關活動作業。經向您告知上開事項，您已清楚瞭解本會蒐集、處理或利用您的個人資料之目的及用途。

(六)您同意授權主辦單位及主辦單位指定之人得使用您的肖像、影音於相關廣告物件(包含但不限於官方網站、臉書、部落格..等)，公開使用、利用、販售前條之影音、照片。本人並拋棄對主辦單位及主辦單位指定之人，對前開影音、照片之所有民事請求權及刑事告訴權。



Rules

Run for the Ocean

Run for Green Health and Sports Equality

Hualien Pacific Wave Marathon 2026 brings runners to witness the beauty of the Pacific Ocean

Event Contents

- (1.) Advising Agencies: Hualien County Government, East Coast National Scenic Area
- (2.) Organizers: Hualien County Athletics Federation; Taiwan Sport Tourism Development Association (ROC)
- (3.) Sponsors:



1. Event Information

Event	Golden Waves Half Marathon 21K	Leisure Waves 12K	Happy Waves 6K
Time Limit	3.5 hours	2.5 hours	1.5 hours
Max. No. of Runners	2000runners	1500runners	1500runners
Gathering Time	06:10am	06:15am	06:20am
Starting Time	06:20am	06:25am	06:30am
Starting/ Gathering Location	In front of Farglory Ocean Park (Hualien-Taitung Coastal Highway Provincial Highway 11), 9.5km marker)		

(1) Marathon grouping assignment

1. The Golden Waves Half Marathon 21K is categorized into 7 men’s groups and 6 women’s groups, based on year of birth. There is also a visually impaired group.
2. Leisure Waves 12K and Happy Waves 6K: Men’s and Women’s groups.
3. Golden Waves Half Marathon 21K runners must be over 14 years or older; Leisure Waves 12K runners must be 8 years or older. Anyone under 18 must submit a parent consent form for participation. Fill in the correct date of birth for grouping assignment. Failure to submit the correct personal data to the event organizer during registration may result in disqualification from the race without refund.
4. Visually impaired runners must submit a visual impairment certificate and have a companion run with them. The companion will not be timed. (Each visually impaired runner can be accompanied by one companion only. Companions will not be charged an entry fee; no souvenirs will be given).
5. Happy Waves 6K is open to runners of all ages. Children under 12 must be accompanied by a parent or teacher.

Golden Waves Half Marathon 21K Group					
Group	Age	Year of Birth	Group	Age	Year of Birth
Men’s Group A	70+	1956 or earlier	Women’s Group A	70+	1956 or earlier
Men’s Group B	60–69	1957–1966	Women’s Group B	60–69	1957–1966
Men’s Group C	50–59	1967–1976	Women’s Group C	50–59	1967–1976
Men’s Group D	40–49	1977–1986	Women’s Group D	40–49	1977–1986
Men’s Group E	30–39	1987–1996	Women’s Group E	30–39	1987–1996
Men’s Group F	20–29	1997–2006	Women’s Group F	20–29	1997–2006
Men’s Group G	14–19	2006–2012	Women’s Group G	14–19	2006–2012

Leisure Waves 12K Group	
Men’s Group	Women’s Group

Happy Waves 6K Group	
Men’s Group	Women’s Group

2. Event route

(1) Golden Waves Half Marathon 21K

Farglory Ocean Park (Starting Line) > Hualien-Taitung Coastal Highway (Provincial Highway 11) northbound lane, heading south > Henan Temple > No. 12 Bridge > Front of Jumping Waves (Tiaolang) Tunnel (Turning Point) > Hualien-Taitung Coastal Highway (Provincial Highway 11) northbound lane, heading north > Turn into Hidden Yanliao Fishing Harbor Waves Section > **Waves Treading and Beach Running Section (1km)** > **Wave Treading Turning Point (21K Group)** > Hualien-Taitung Coastal Highway (Provincial Highway 11) northbound lane, heading north > Farglory Ocean Park (Finish Line)



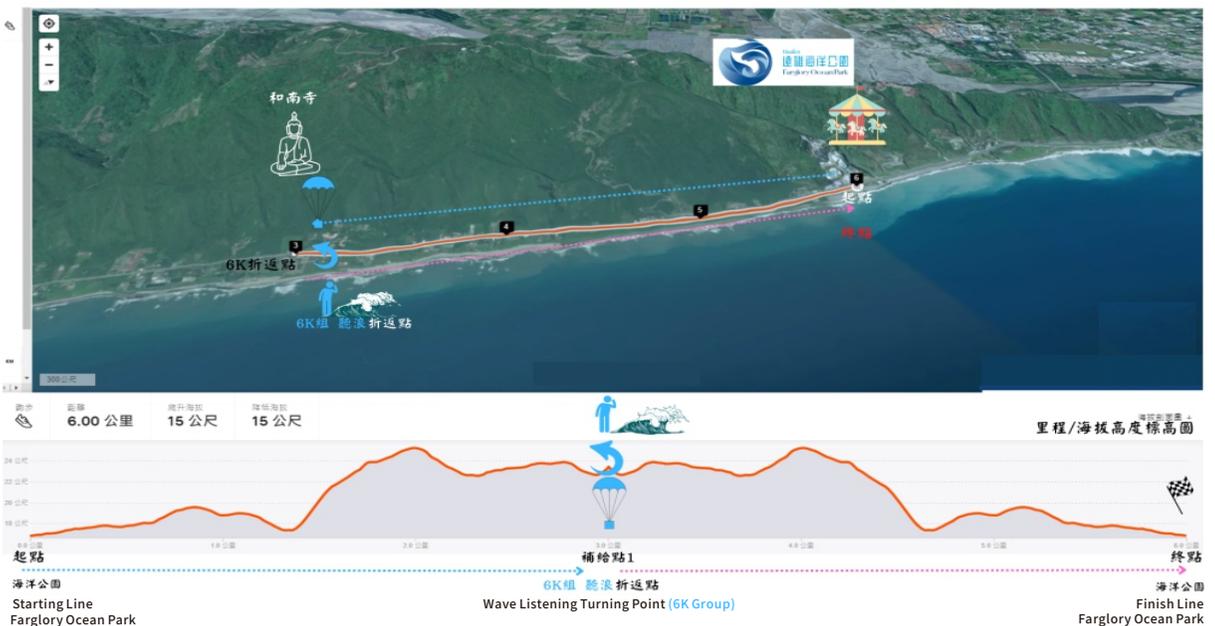
(2) Leisure Waves 12K

Farglory Ocean Park (Starting Line) > Hualien-Taitung Coastal Highway (Provincial Highway 11) northbound lane, heading south > Yanliao Henan Temple > Yanliao Police Station > **12K Wave Viewing Turning Point** (Hualien-Taitung Coastal Highway (Provincial Highway 11) Viewing Platform) > Hualien-Taitung Coastal Highway (Provincial Highway 11) northbound lane, heading back north along same route next to Pacific Ocean > Farglory Ocean Park (Finish Line)



(3) Happy Waves 6K

Farglory Ocean Park (Starting Line) > Hualien-Taitung Coastal Highway (Provincial Highway 11) northbound lane, heading south > Yanliao Henan Temple > 6K Wave Listening Turning Point > Hualien-Taitung Coastal Highway (Provincial Highway 11) northbound lane, heading back north along same route next to Pacific Ocean > Farglory Ocean Park (Finish Line)





3. Event rules

- (1) Violating any of the following rules will lead to event disqualification.
 - 1.Receiving drinks or food from unauthorized personnel.
 - 2.Not wearing the event number tag and timing chip; not securing the timing chip on shoes as required.
 - 3.Timing chip not recording the start time, finish time, or any checkpoint time or turning point token.
 - 4.Non-compliance with judge instructions.
 - 5.Not wearing the event number tag on the chest.
 - 6.Use of bicycle, stroller, in-line skates, skateboard, or scooter on the racecourse during the event.
 - 7.Bringing pets (cats and dogs) on the racecourse.
 - 8.Races are timed using runners' timing chips. Runners with no timing chip-recorded time of arrival at any checkpoint will be disqualified, not timed, and not issued a record certificate.
- (2) Violating any of the following rules will lead to disqualification from the event, and violators will be banned from participating in any event held by these event organizers for a year, with violators' names disclosed on the webpage.
 - 1.Winning the race by accepting assistance from another person (such as riding a vehicle or being supported).
 - 2.Registering in an incorrect category or using a false ID.
 - 3.Violating sportsmanship or ethics (such as fighting or insulting the judges or race organization personnel.)
 - 4.Being substituted by a non-registered runner, or wearing more than one timing chip for the race. Anyone found to be in violation will be disqualified from the race by judges, and banned from participating the race for a year, with the names of the substitute runner and the registered runner disclosed on the webpage.
- (3) Disputes
 - 1.Runners shall not question judges' decisions during the race. Any opinion will be dealt with in accordance with competition regulations; judges' decisions are final, and shall not be appealed.
 - 2.Dispute procedure: In the event of any dispute concerning the race, such dispute must be brought to the attention of the organizer within 10 minutes of the race results announcement; a deposit of NT\$3,000 must simultaneously be submitted to and signed off on by the Race Group. All decisions by the review committee regarding disputes are final. If the committee deems a dispute unjustified, the deposit may be forfeited and treated as part of the race fund.

(4) Score calculation

- 1.The Hualien Pacific Wave Marathon 2026 will provide timing chips for all runners in the Golden Waves Half Marathon 21K, Leisure Waves 12K, and Happy Waves 6K groups. When runners complete the registration and competition package collection process, they will receive their number tag, souvenirs, and timing chip. The timing chip deposit will be refunded upon onsite return of the chip after the race. The instructions for using the timing chip can be found in “Timing Chip Securing Method” at the upper right side of the registration website; alternately, ask race organization personnel onsite for assistance. All records will use official race-released results.
- 2.In accordance with International Association of Athletics Federations (IAAF) Rule 165.24, the race starts when the start signal goes off. HPWM races will be timed with the firing of a start gun; winners are ranked in accordance with this timing record.
- 3.Exchanging timing chips, wearing another person’s timing chip, or wearing more than one timing chip will lead to disqualification from the race. Violators’ results will not be calculated.
- 4.The timing chip is regarded as proof of timing. Be sure to pass through each sensor checkpoint. The race organization personnel shall not be liable for a lack of entry timing records as a result of non-compliance with timing chip rules.
- 5 Runners must race in accordance with own ability, and shall not push or shove one another. Practice sportsmanship and allow faster runners to go first.
- 6.The race will start on time. Runners who set off 15 minutes or more after the race start time may be disqualified from the race, and their results will not be calculated.

4.Public injury insurance

- (1)Fill in every field in the registration form carefully. Runners shall be liable for any errors or omissions that result in inapplicability of insurance.
- (2)Runners for this event are insured for NT\$3 million per person for public injury. (Specific insurance for policy signed with insuring company take precedence.) The public injury insurance policy covers only injuries caused by accidents occurring during the insured period; insured persons shall receive compensation in accordance with the laws and regulations for third-party bodily injury, death, or property damage caused by the following circumstances. When receiving a claim for compensation, the Company shall be responsible for compensation to the insured.
 - (i)Insured persons or workers: Accident occurs in a competition venue that is stipulated in the competition insurance policy and during the race period.
 - (ii)Accidents happen to insured persons as caused by buildings, roads, machines, or other works along the race course.

(3) Exclusions

- (I) Sports injuries caused by personal illness.
 - (ii) Personal condition or symptoms caused by personal cardiovascular condition, such as shock, heart diseases, diabetes, heat exhaustion, heatstroke, altitude sickness, epilepsy, or dehydration. Illnesses caused by personal health condition will not be covered by the insurance; public injury insurance only covers injuries caused by accidents arising from external factors.
 - (iii) Runners with a past history of diseases mentioned in paragraph two must carefully consider their personal condition and safety before participating in the race, and should purchase additional personal accident insurance.
- (4) If you have experienced or are diagnosed with any of the following conditions, or are at a high risk for sudden death, consult a physician and do not join the race if not fit for it:
- ⊙ Chest discomfort (chest tightness, chest pain) for no obvious reason
 - ⊙ Breathing difficulty for no obvious reason
 - ⊙ Dizziness for no obvious reason
 - ⊙ Sudden loss of consciousness
 - ⊙ Hypertension (>140/90mmHg)
 - ⊙ Heart diseases
 - ⊙ Abnormal renal function
 - ⊙ Diabetes
 - ⊙ High cholesterol (total cholesterol > 240mg/dL)
 - ⊙ Family history of heart diseases (first-degree relatives have suffered/died from a heart attack or sudden death before 60 years of age)
 - ⊙ Epilepsy

5. Public injury insurance

The organizer of the Hualien Pacific Wave Marathon 2026 collects runners' personal data in accordance with Article 8, Paragraph 1 of the Personal Data Protection Act. Read the following information carefully.

- (1) Purpose of collection: To handle matters related to the Hualien Pacific Wave Marathon 2026 and related insurance operations.
- (2) Categories of personal data to be collected: Name, ID number, contact phone number, home address, other ID, email address, portrait, and video recordings.
- (3) Time period, territory, recipients, and methods in which personal data will be used:
 - (I) Period: The period of time for which personal data is kept for the specific purpose, the period of time for which it is kept in accordance with relevant laws and regulations or contractual agreements, or the period of time for which it is necessary for the organizer to carry out its duties.
 - (ii) Territory: Areas where the event is promoted.

(iii) Recipients: Related authorized organizers, implementers, and advisory agencies for the event; corresponding banks; outsourcing organizations; recipients of internationally-transferred personal data that are not restricted by central authorities; and authorities that have the right to conduct investigations in accordance with the law and financial supervisory authorities. The organizer's partners for joint marketing projects and collaboration.

(iv) Method: By automated machines or other non-automated means.

(4) In accordance with Article 3 of the Personal Data Protection Act, you may exercise the following rights with regard to the personal data that we keep on our end:

(i) The right to inquire about of, review, and request a copy of your personal data. We may, however, charge a fee in accordance with the law to implement such a request.

(ii) The right to supplement or correct your personal data with the organizer; however, you must in accordance with the law provide appropriate explanation of such.

(iii) The right to demand that the organizer cease collection, processing, or use of your personal data. However, the organizer may not comply with your request if it is required for the execution of its duties in accordance with the law.

(iv) Impact on your rights and interests if you do not provide your personal data: You are free to decide whether to provide your personal data. However, if you refuse to provide your personal data, the organizer will not be able to carry out necessary verification and processing operations, thus resulting in incomplete registration, results, awards, news, media, and other related activities. You have been informed of the above matters, and you clearly understand the purpose and use of your personal data being collected, processed or utilized by the organizer.

You agree to authorize the organizer and any person designated by the organizer to use your portrait and video in related advertising materials (including but not limited to official websites, Facebook, and blogs), and to use publicly, make use of, or sell the aforementioned video recordings.

I agree to waive all civil claims and criminal prosecution rights against the organizers and any person designated by the organizer for the use of aforementioned videos and photos.

大會接駁交通資訊

- 一、為提供參與選手安全環境與優質賽事體驗，此次大會規劃賽道淨空管制，為使交管作業順暢落實，管制路段除工作人員車輛及執行任務車輛外，其餘車輛一律禁止進入管制賽道區。參賽人員請搭乘大會接駁車進出管制場域或自行開車前往者請依活動規定之開放區域停車。
- 二、大會安排之交通接駁巴士，共提供二處搭乘地點至賽事會場如下表，（選手請出示乘車卷搭乘，眷屬可加購乘車卷併同搭乘）無乘車卷者不得搭乘。
- 三、活動期間(3月21日)管制路段於管制時間期間除工作人員車輛及執行任務車輛外，其餘車輛一律禁止進入。
- 四、依使用者付費原則，每位NT\$200元。本賽事賽道使用省道公路，為維持選手安全環境與優質賽事體驗，並落實交通管制，參與選手請多利用搭乘接駁車進出場域，大會安排2處接駁專區提供搭乘，並於報名時點選上車處。

接駁車去程搭車地點：

去程		
搭車地點	開車時刻	備註
石來運轉噴泉廣場 (花蓮市中山路、重慶路口， 近東大門夜市)	首班 04:20 末班 05:30	選手及眷屬 需憑乘車券上車
花蓮火車站 東出口(原前站) 的花蓮轉運站	首班 04:20 末班 05:30 請禮讓半程選手 先行搭乘	選手及眷屬 需憑乘車券上車

接駁車回程搭車地點：

回程		
搭車地點	開車時刻	備註
遠雄海洋公園 台11線旁 回程接駁車專區	首班 08:00 開車 採坐滿發車方式 末班 11:30 開車 請把握時間逾時不候	回程接駁車載運依 石來運轉站-> 花蓮火車站送達。

Transportation and Shuttle Information

1. To provide runners with a safe environment and a quality race experience, the race organization plans to clear the race course and control vehicle access. For sake of clear traffic control, all vehicles are prohibited from entering the controlled road section, except for race organization and tasked vehicles. Runners must enter and exit the control area using the shuttle services arranged by the race organization.
2. Shuttle buses arranged by the race organization will provide transport to the event venue from two locations, as listed below. (Runners are required to present the event shuttle service ticket; family members may purchase additional bus tickets for a ride.) Individuals without a bus pass shall not use the shuttle bus service.
3. On the event day (March 21), all vehicles are prohibited from entering the controlled road section during the control period, except for race organization vehicles and tasked vehicles.
4. Based on the user-pays principle, each person will be charged NT\$200. As the race takes place on a provincial highway, to maintain a safe environment and quality race experience, and to control traffic, runners should enter and exit the venue via the shuttle bus service. The race organization has arranged for two shuttle pick-up points, which runners can select from at time of registration.

Pick-up points for shuttles heading to event venue

To the event venue		
Pick-up Point	Leaves At	Remarks
Lotus Reunion: Turn of Luck with Stone Fountain Square, by rolling granite sphere fountain (At intersection of Zhongshan and Chongqing Rds., Hualien City; near Dongdamen Night market)	First shuttle: 4:20am Last shuttle: 5:30am	Runners and family members Must present ticket to ride
Hualien Station East Exit Station Hualien Bus Station	First shuttle: 4:20am Last shuttle: 5:30am Give priority to Golden Waves Half Marathon 21K runners.	Runners and family members Must present ticket to ride

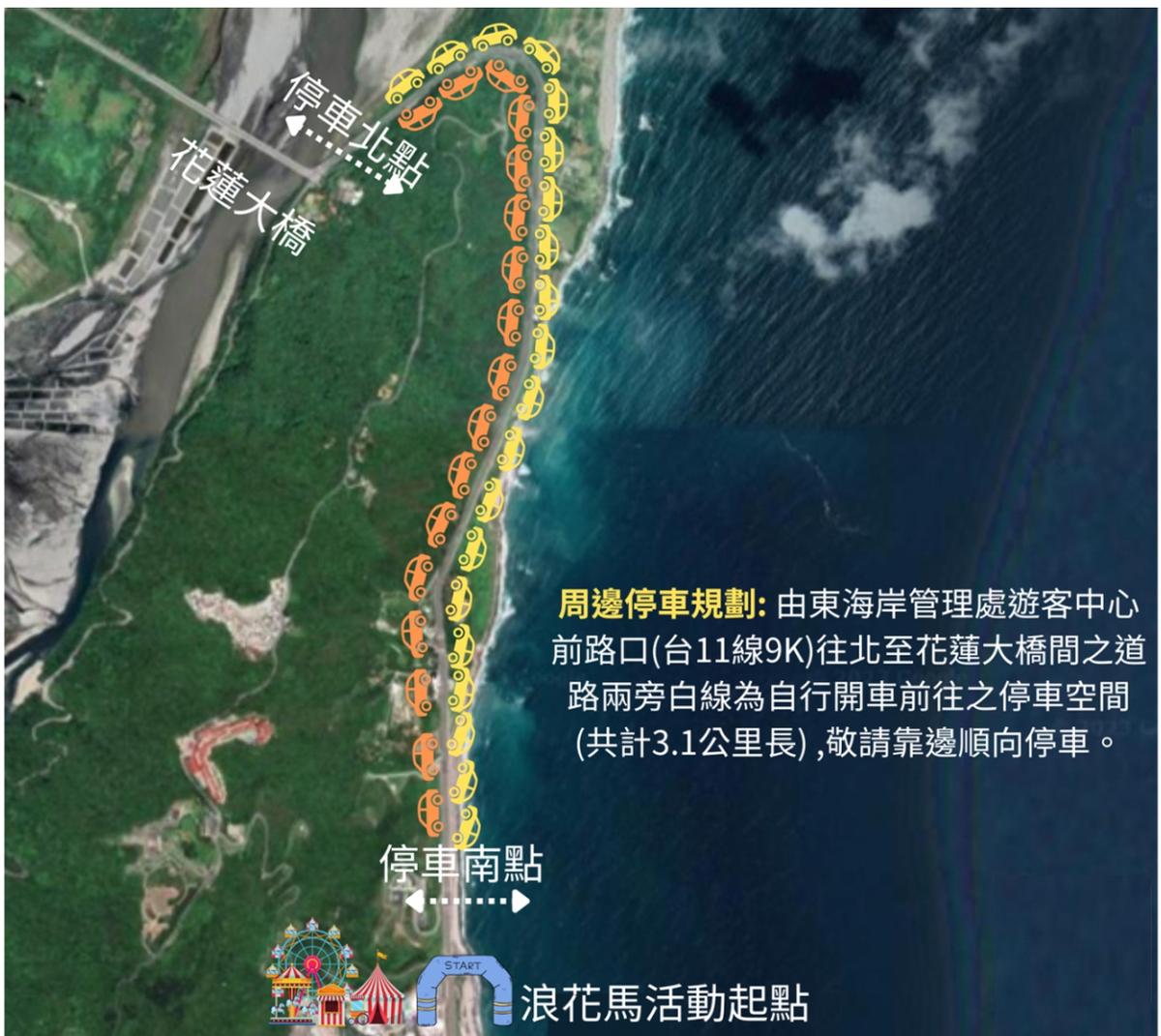
Pick-up points for return shuttles

From the event venue		
Pick-up Point	Leaves At	Remarks
Farglory Ocean Park Next to Hualien-Taitung Coastal Highway (Provincial Highway 11) Shuttle Bus Service Zone at event venue	First shuttle: 8:00am Buses leave when full Last shuttle: 11:30am Keep track of time; shuttle buses will not wait for late arrivals.	Shuttle bus leaves from Lotus Reunion: Turn of Luck with Stone Fountain Square station, by rolling granite sphere fountain; travels to Hualien Station.

周邊停車資訊

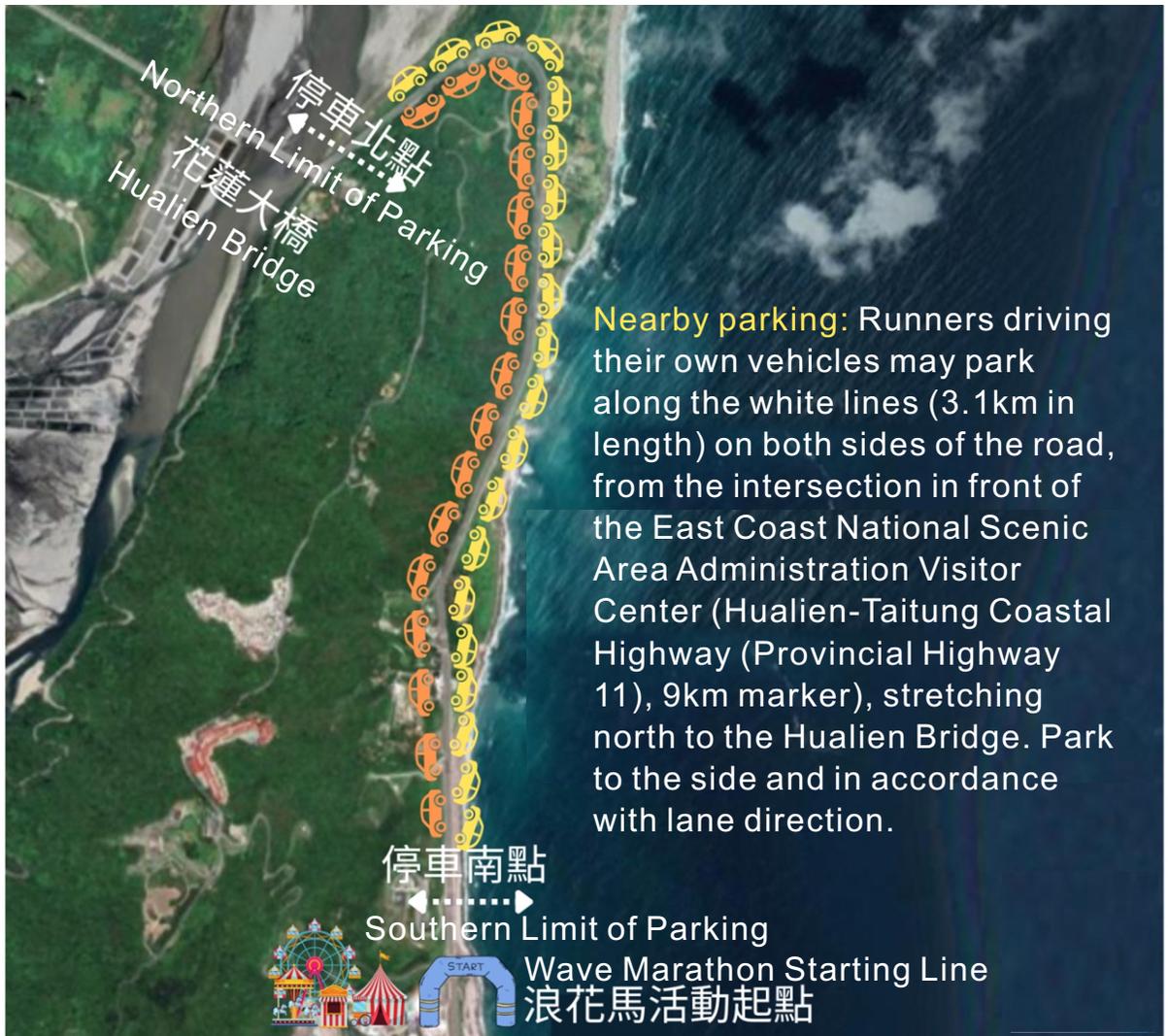
活動現場停車位請依規定路段配合停車，停車位有限，自行前往之跑友請多以共乘方式開車前往、騎乘自行車、機車方式前往者可參考活動停車空間：

由東海岸管理處遊客中心前路口(台11線9K)往北至花蓮大橋間之道路兩旁白線為自行開車前往之停車空間(共計3.1公里長)，敬請靠邊順向停車。



Nearby parking

Runners driving their own vehicles may park along the white lines (3.1km in length) on both sides of the road, from the intersection in front of the East Coast National Scenic Area Administration Visitor Center (Hualien-Taitung Coastal Highway (Provincial Highway 11), 9km marker), stretching north to the Hualien Bridge. Park to the side and in accordance with lane direction.



號碼布識別及配戴位置

黃金浪花21K男子組



逍遙浪花12K男子組



快樂浪花6K男子組



黃金浪花21K女子組



逍遙浪花12K女子組



快樂浪花6K女子組



1. 號碼布顏色代表參賽者所參加之項目。
2. 若參賽者未依照所報名之項目參賽，大會將取消參賽者資格，並不提供成績證明。
3. 大會工作人員有權禁止未配戴2026花蓮太平洋浪花半程馬拉松有效號碼布者進行比賽。
4. 號碼布不得轉讓他人使用，違者視同代跑行為，經查明屬實，由裁判宣布成績無效外，另禁賽一年，並於網路公布代跑者及被代跑者姓名。
5. 號碼布請妥善保管，遺失或未攜帶者無法補發。
6. 比賽期間，參賽者須將號碼布配戴於可容易識別之胸前位置，以便工作人員辨識，未依規定配戴者，大會將不提供成績計算，並取消參賽資格。



Number Tag Meaning and Usage

Golden Waves 21K
Men's Group



Leisure Waves 12K
Men's Group



Happy Waves 6K
Men's Group



Golden Waves 21K
Women's Group



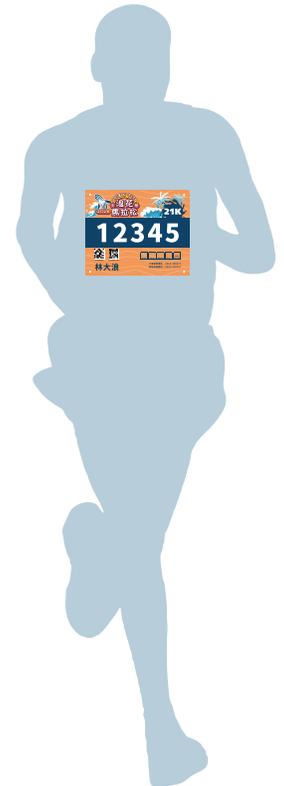
Leisure Waves 12K
Women's Group



Happy Waves 6K
Women's Group



1. The number tag color represents the runner's competition group.
2. Runners who compete in a race event other than the one they register for will be disqualified by the race organization, and will not be given the record certificate.
3. Race personnel have the right to ban runners not wearing a valid Hualien Pacific Wave Marathon 2026 number tag from participating in the race.
4. Number tags are not transferrable. Anyone found to be violating this rule shall be deemed to be engaging in substitution, and will be disqualified from the race by the judges. Additionally, violators will be banned from participating in the race for a year, with the names of the substitute runner and the registered runner being disclosed on the webpage.
5. Runners must take care of their own number tags. Anyone failing to bring their tag or losing their tag will not be issued another one.
6. During the competition, runners must wear their number tags on their chest, where they are clearly visible to race personnel. If a runner does not wear the number tag as stipulated, their results will not be calculated and they will be disqualified from the race.



計時晶片綁法及使用說明

Timing Chip Instructions



1/ 鞋帶綁法(1)

- 1.將鞋帶交叉穿過晶片下方方形孔。
- 2.將鞋帶穿過鞋孔後打結固定。

1/Fasten with shoe lace (1)

1. Loop shoe lace through the hole below the timing chip.
2. Pull shoe lace to the shoe and tight it up.



2/ 鞋帶綁法(2)

- 1.將鞋帶交叉穿過晶片。
- 2.將鞋帶穿過鞋孔後打結固定。

2/ Fasten with shoe lace (2)

1. Loop shoe lace through the hole of the timing chip.
2. Pull shoe lace to the shoe and tight it up.



3/ 拖鞋、赤腳綁法

- 1.將魔術帶穿過晶片。
- 2.將魔術帶纏繞在腳踝固定。

3/ For barefoot

1. Loop velcro cable tie through the hole of the timing chip.
2. Pull velcro cable tie to the ankle and tight it up.

計時晶片使用說明：

1. 晶片為計時之依據，請確實依照上面方法配戴晶片通過各感應點，沒有按照大會規定使用晶片導致無成績者，大會一概不負責。
2. 禁止互換晶片、禁止佩帶他人晶片、禁止1人佩帶2個以上晶片，違者將被取消資格，成績不予計算。

Instructions for timing chip :

1. The timing chip is the basis for timing. Please confirm fasten the timing chip through all checking points. If the timing chip is not used according to the rules above, your timing result might be disqualified.
2. Please run with your own timing chip. Fastening wrong timing chip or multi timing chip, the competition result will be disqualified.

衣物保管流程

- 一、選手若有需要衣物保管必須使用衣物保管袋，保管當天並出示本次活動號碼布，工作人員於號碼布上張貼寄物貼後接受衣物保管，領回所寄放之衣物也必須出示號碼布，憑上面的寄物貼號碼領回所託管衣物保管袋。（貴重物品請自行保管，若有遺失，本會恕不負責）。
- 二、大會將於2026年3月21日上午05:00起，接受衣物保管，賽後憑號碼布上面的寄物貼號碼領取，並請於活動當天上午10:30前將衣物保管物品領回。逾時未領回，大會不負保管責任。

Clothing Storage Procedure

- 1.Place your clothes in a storage bag. Locker eligibility: All runners who have completed registration will be provided with locker service.
- 2.Locker placement hours: 5:00–8:00am, March 21, 2026. Services will not be available outside this period.
- 3.Locker claim hours: 9:30–10:30am, March 21, 2026. Services will not be available outside this period.
- 4.Store/claim your items at your specific storage area, in accordance with your number tag's number and color.
- 5.Remove any old clothing storage number cards on your storage bag(s) before placing it in storage.
- 6.Paste the Clothing Storage Sticker securely on the front of your storage bag, hand the bag to the race personnel, and present your number tag for the race personnel to stamp.
- 7.Present your number tag and have it stamped by race personnel to claim your storage bag.
- 8.Take care of your own valuables. The race organization shall not be liable for any loss or damage of stored items.

補給說明

●快速補給站(簡單、快速、不逗留) ●快樂補給站(吃爽、拍爽、慢生活)

組別/補給站	賽道里程數	水、鹽	運動飲料	海綿	水果 小番茄、香蕉	巧克力 餅乾	快樂聽浪站 在地名產特色補給	快樂觀浪站 在地名產特色補給	快樂踏浪站 在地名產特色補給	終點站 瓶裝水、便筒、 餐飲抵用券
半馬21K	3K 快速站①	●		●	●	●				
	5.8K 快速站②	●	●	●	●	●				
	8.5K 快速站③	●		●	●	●				
	10K 快速站④	●	●	●	●	●				
	12.5K 快樂踏浪站								●	
	13K 快速站③	●		●	●	●				
	15.2K 快樂觀浪站							●		
	15.5K 快速站②	●		●	●	●				
	18K 快速站①	●		●	●	●				
	18.3K 快樂聽浪站								●	
21K 終點站									●	
逍遙馬12K	3K 快速站①	●		●	●	●				
	5.8K 快速站②	●	●	●	●	●				
	6K 快樂觀浪站								●	
	6.2K 快速站②	●		●	●	●				
	9K 快速站①	●		●	●	●				
	9.3K 快樂聽浪站								●	
	12K 終點站									●
快樂馬6K	3K 快速站①	●		●	●	●				
	3.3K 快樂聽浪站									●

Refreshment/Aid Station Locations

Category/ Refreshment/ Aid Station	Course Location	Water, salt	Sports drinks	Sponge	Fruit Banana Cherry tomato	Chocolate cookie	Happy Wave Listening Point Local specialty refreshment	Happy Wave Viewing Point Local specialty refreshment	Happy Wave Treading Point Chou Family Xiaolongbao dumplings	Finish Line water, dining vouchers, box lunch
Half Marathon 21K	3K Quick-stop ①	●		●	●	●				
	5.8K Quick-stop ②	●	●	●	●	●				
	8.5K Quick-stop ③	●		●	●	●				
	10K Quick-stop ④	●	●	●	●	●				
	12.5K Happy Wave Treading Point								●	
	13K Quick-stop ③	●		●	●	●				
	15.2K Happy Wave Viewing Point							●		
	15.5K Quick-stop ②	●	●	●	●	●				
Leisure Marathon 12K	18K Quick-stop ①	●		●	●	●				
	18.3K Happy Wave Listening Point						●			
	21K Finish Line									●
	3K Quick-stop ①	●		●	●	●				
	5.8K Quick-stop ②	●	●	●	●	●				
	6K Happy Wave Viewing Point								●	
	6.2K Quick-stop ②	●	●	●	●	●				
	9K Quick-stop ①	●		●	●	●				
Happy Marathon 6K	9.3K Happy Wave Listening Point						●			
	12K Finish Line									●
	3K Quick-stop ①	●	●	●	●	●				
	3.3K Happy Wave Listening Point						●			●



Hualien
遠雄海洋公園
Farglory Ocean Park

2026-03-20-03-22
選手親友出示此截角可享
\$399元優惠
限購最多四人

2026 太平洋浪花馬拉松

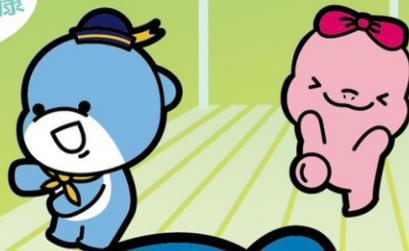
選手專屬優惠 2026/03/20-03/22止

1 選手本人出示選手號碼布於優惠期間
可享**優惠價100元**入園
(限一次。選手本人需出示身分證件)

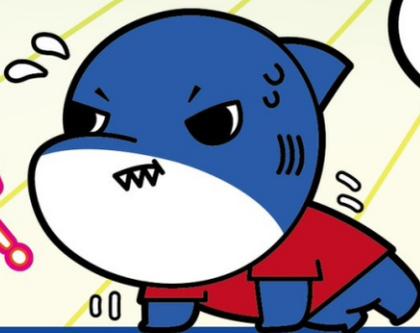
2 選手親友出示秩序冊內之截角
同行可享399元優惠
(限購最多四人)

哇~~~
這麼好康

FINISH



加油!



立即至【海洋公園網路商城】購票!

注意
事項

- 此優惠可於「現場臨櫃」或「遠雄海洋公園官方網路商城」線上購票,享優惠者,選手本人驗票入園時需出示選手號碼布及身份證件,選手親友需出示秩序冊截角,以供查證。
 - 優惠不得併用;遠雄海洋公園保有活動解釋變更權利。
 - 園內現場設施依天候及安全無虞狀況下開放。
 - 園區停止入車、售票截止及最後入園時間為:營業結束前2小時。
- 洽詢專線:03-8123199 花蓮動農業字第110001號

網路商城預約





追浪而上，向光而跑。

Run for Ocean, Run for Hope.